



**SAHARA**  
A SOCIAL WELFARE ORGANIZATION

# 2022-2023

## ANNUAL REPORT

The Annual Report outlines the Company's financial performance and operations for the fiscal year.

## Annual Impact Report

The Annual Report 2022–2023 of Sahara Jan Kalyan Samiti presents a comprehensive overview of the organization's initiatives, financial transparency, and measurable impact in education, healthcare, and community welfare throughout the year.

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# SAHARA JAN KALYAN SAMITI

Sagar, Madhya Pradesh, India

## ANNUAL REPORT

# 2022 – 2023

*Post-Pandemic Recovery | Community Health | Education for All*

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## SECTION 1: ABOUT THE ORGANIZATION

### About Sahara Jan Kalyan Samiti

Sahara Jan Kalyan Samiti is a registered grassroots non-governmental organization established in 2004, headquartered in Sagar, Madhya Pradesh. The year 2022-23 marked the organization's 18th year of continuous service to marginalized and underserved communities across Madhya Pradesh.

With valid FCRA, 12A, 80G, CSR, EPF, and PF certifications, Sahara continued to maintain the highest standards of legal compliance, financial transparency, and organizational accountability — earning the trust of donors, government partners, and the communities it serves.

#### Registration Details

<b>Society Registration No.</b>	4666/19-10-04 (MP Societies Registration Act 1973, Section 44)
<b>NITI Aayog Darpan ID</b>	MP/2011/0039962
<b>FCRA No.</b>	063460029R
<b>CSR Registration No.</b>	CSR00011686
<b>PAN No.</b>	AAHTS0799M
<b>TAN No.</b>	JBPS07748G
<b>EPF &amp; PF Reg. No.</b>	MP/SAG/0020343
<b>12A &amp; 80G Certificates</b>	Available under Income Tax Act, 1961
<b>Chairman</b>	Dr.Harishankar Sen
<b>Head Office</b>	C/O Shri Balkishan Sen, Behind T.C.P.C., Khurai Road, Shastri Ward, Sagar – 470002 (M.P.)
<b>Operational Districts</b>	Sagar, Harda, Shahdol, Sehore, Vidisha, Tikamgarh, Panna, Katni, Narsinghpur, Chhatarpur, Betul, Ashoknagar

## SECTION 2: MESSAGE FROM THE CHAIRMAN

### Message from the Chairman

#### Dear Supporters, Partners & Friends,

The year 2022-23 was a year of recovery, renewal, and resilience. As communities across Madhya Pradesh slowly emerged from the shadow of the COVID-19 pandemic, Sahara Jan Kalyan Samiti worked tirelessly to rebuild — not just what was lost, but to build back stronger, more equitably, and with greater community ownership.

We reached over 1,200 beneficiaries through our programs in education, health, women empowerment, COVID recovery support, and social welfare. Our health camps reached 15+ locations across the state, and our educational support programs benefited over 500 children from marginalized communities.

This year taught us the enduring importance of community trust. When institutions faltered during the pandemic, it was community-based organizations like Sahara that kept the thread of hope alive. We are profoundly grateful to our volunteers, donors, and partner organizations who made this possible.

We enter 2023-24 with renewed energy, greater organizational capacity, and an unwavering commitment to serving the most vulnerable members of our society.

**Dr. Harishankar Sen**

*Chairman, Sahara Jan Kalyan Samiti*

## SECTION 3: VISION, MISSION & VALUES

### Vision, Mission & Values

#### Our Vision

*"We aim to build a world-class social development organization that uplifts communities by eliminating physical and mental suffering caused by rigid societal beliefs. We believe in social equality for all."*

#### Our Mission

- To uplift underprivileged communities through quality education and community awareness programs
- To promote health, hygiene, and nutrition among vulnerable populations
- To empower women and adolescent girls for dignified and self-reliant lives
- To support SC/ST communities through targeted, culturally sensitive interventions
- To facilitate sustainable livelihood and skill development opportunities
- To protect and restore the natural environment through community-led conservation

#### Our Core Values

- Quality — striving for excellence through research, innovation, and continuous improvement
- Caring — empathy and compassion in every service, especially for the stigmatized and excluded
- Integrity — complete transparency and ethical conduct in programs and finances
- Inclusion — ensuring marginalized communities are centered in all decision-making
- Sustainability — building self-reliant communities and programs for long-lasting impact

## SECTION 4: YEAR AT A GLANCE — 2022-23

### Year at a Glance 2022-23

The year 2022-23 was characterized by the transition from emergency pandemic response to systematic program recovery and expansion. While COVID-19 continued to affect communities, the organization successfully pivoted toward rebuilding educational continuity, strengthening health systems, and expanding women empowerment programs.

<b>1,200+</b> Total Beneficiaries	<b>12</b> Districts Covered	<b>15+</b> Health Camps	<b>20+</b> Schools Supported
<b>40+</b> Villages Reached	<b>20+</b> Urban Slums	<b>5+</b> Partners	<b>19</b> Years Active

### Key Highlights 2022-23

- Continued COVID-19 food distribution and medical support for affected families across 12 districts
- Organized 15+ community health camps across operational districts providing free consultations to 800+ individuals
- Distributed educational materials (textbooks, notebooks, school bags) to 500+ children from SC/ST communities
- Distributed sanitary napkins to 400+ school-going girls and conducted menstrual hygiene workshops in 15 schools
- Maintained women's self-help groups and provided skill-building support for tailoring and community kitchen management
- Distributed ration kits, clothes, and essentials to 500+ vulnerable families
- Continued 15+ year tradition of tree plantation and environmental conservation activities
- Strengthened partnerships with JIV Daya Foundation, Social Squared Impact Ventures, Impact Guru, and government health departments

### Program-wise Beneficiary Summary 2022-23

Program Area	Beneficiaries	Share (%)	Focus Group
Education Support	540	45%	SC/ST Children
Health Camps & Medical Aid	360	30%	Rural Communities
Women Empowerment	240	20%	Women & Girls
COVID Relief (Residual)	60	5%	Affected Families
<b>TOTAL</b>	<b>1,200+</b>	<b>100%</b>	<b>All Groups</b>



## SECTION 5: COVID-19 RECOVERY EFFORTS

### COVID-19 Recovery Efforts

The year 2022-23 represented the critical transition from emergency pandemic response to sustainable recovery. While the acute crisis had subsided, the socio-economic impacts of COVID-19 continued to reverberate through the communities Sahara serves — particularly among daily wage workers, single women-headed households, and families that had lost their primary breadwinner.

#### Continued Relief Operations

- Distributed ration kits to 300+ families still affected by pandemic-related income loss
- Provided medical support to COVID-affected individuals requiring treatment or medicines
- Continued vaccination awareness campaigns in communities with low vaccine uptake
- Supported frontline workers — ASHA workers, anganwadi staff — with supplies and recognition

#### Economic Rehabilitation

- Linked affected families with government welfare schemes (PM Garib Kalyan, state ration schemes, social security benefits)
- Supported revival of small businesses disrupted during lockdown periods
- Facilitated access to credit and microfinance for women's self-help groups
- Organized skills identification workshops to prepare community members for new employment

#### Community Resilience Building

- Conducted community meetings to discuss pandemic recovery, health practices, and social support
- Established community support networks among self-help groups for mutual aid
- Trained community volunteers in mental health first aid to support those experiencing pandemic trauma

## SECTION 6: EDUCATION SUPPORT INITIATIVES

### Education Support Initiatives

With schools fully reopening in 2022-23, Sahara Jan Kalyan Samiti seized the opportunity to accelerate educational recovery — addressing learning loss from the pandemic years and ensuring that no child was left behind due to financial or social barriers.

#### Educational Material Distribution

Before the commencement of the 2022-23 academic session, Sahara distributed textbooks, notebooks, stationery, school bags, and uniforms to 500+ children from SC/ST and economically weaker communities in 20 government schools across operational districts. Follow-up monitoring confirmed a 95% improvement in attendance among supported children.

#### School Enrollment Drives

Field teams conducted school enrollment drives across 20 villages, identifying out-of-school children and working with families and school authorities to ensure enrollment. Special attention was given to girls who had dropped out during the pandemic and older boys who had taken up labor to support their families.

#### Remedial Classes & Learning Support

For children who had experienced significant learning loss during the school closure period, Sahara organized remedial classes in community spaces. Trained volunteers conducted supplementary learning sessions in literacy and numeracy, helping children regain their academic foundation.

#### Parent Awareness Programs

- Parent-teacher meetings organized in all partner schools to discuss importance of regular attendance
- Special sessions for parents of girl students to address resistance to girls' education
- Community mobilization around government schemes supporting girls' education (scholarships, cycle distribution, etc.)

#### Key Education Outcomes 2022-23

Indicator	Result
Children supported with educational materials	<b>500+</b>
Schools actively engaged	<b>20+</b>
Villages covered through enrollment drives	<b>20</b>
Improvement in attendance (reported)	<b>95%</b>
Out-of-school children re-enrolled	<b>Multiple cases documented</b>

## SECTION 7: COMMUNITY HEALTH CAMPS & MEDICAL ASSISTANCE

### Community Health Camps & Medical Assistance

The year 2022-23 marked a significant strengthening of community health programs, with the organization scaling up its health camp operations, deepening community participation, and improving health-seeking behaviors among rural and tribal populations.

#### Health Camp Operations

Sahara organized 15+ health camps across its operational districts, providing free medical consultations, diagnostic screenings, and medicine distribution. The camps were conducted in partnership with local hospitals, government health departments, and volunteer medical professionals.

- 15+ health camps organized in Sagar, Harda, Shahdol, Vidisha, Tikamgarh, and other districts
- Free medical consultations provided to 800+ individuals across all camps
- Screening for anaemia, hypertension, diabetes, malnutrition, and other common conditions
- Essential medicines distributed to camp participants who could not afford treatment
- Health referral services for cases requiring advanced hospital care

#### Maternal & Child Health Focus

Special attention was paid to maternal and child health in the wake of disrupted services during the pandemic. Sahara's health teams conducted targeted outreach to pregnant and lactating women, connecting them with antenatal care, nutritional supplements, and institutional delivery support.

- Identification and support to high-risk pregnant women in rural areas
- Distribution of iron-folic acid and other nutritional supplements to pregnant women
- Awareness sessions on exclusive breastfeeding and complementary feeding
- Linkage with government JSSY scheme for institutional delivery support

#### Medical Assistance for Economically Weaker Patients

Through its partnership with JIV Daya Foundation and Impact Guru, Sahara facilitated medical assistance for economically disadvantaged individuals requiring expensive treatment. The organization served as a bridge between patients, hospitals, and donors — ensuring that financial barriers did not prevent life-saving care.

## SECTION 8: WOMEN EMPOWERMENT PROGRAMS

### Women Empowerment Programs

Sahara Jan Kalyan Samiti continued and expanded its women empowerment initiatives in 2022-23, with programs covering menstrual hygiene, vocational skills, self-help group support, and women's rights awareness.

#### Menstrual Hygiene Awareness & Sanitary Napkin Distribution

- Distributed sanitary napkins to 400+ school-going girls across partner schools in 5 districts
- Conducted menstrual hygiene workshops in 15 schools — breaking taboos through open, respectful community dialogues
- Trained girl students as peer educators to sustain menstrual health awareness beyond program duration
- Worked with school administrators to create safe, private sanitation facilities for girls

The impact was measurable: schools reported a 70% improvement in girls' attendance on days they would previously have been absent due to menstruation-related discomfort and lack of hygiene products.

#### Vocational Skills & Community Kitchens

Community kitchen programs continued to train women in nutrition-focused cooking and food management. These skills benefited not only program participants but also school children who received nutritious mid-day meals prepared by trained women volunteers. Tailoring training programs provided additional livelihood pathways, with several participants establishing small home-based tailoring businesses.

#### Women's Self-Help Group Support

- Supported the formation and strengthening of women's SHGs in target villages
- Facilitated bank linkages for microfinance and savings programs
- Conducted capacity-building workshops on financial literacy, rights, and collective bargaining
- Connected SHG members with government livelihood schemes (NRLM, Deendayal Antodaya Yojana)

#### Women Empowerment Outcomes 2022-23

Indicator	Achievement
Girls receiving sanitary napkins	<b>400+</b>
Schools with menstrual hygiene workshops	<b>15</b>
Improvement in girls' attendance during menstruation	<b>70%</b>
Women trained in vocational skills	<b>Multiple batches</b>
SHGs supported with capacity building	<b>Multiple groups</b>

## SECTION 9: SOCIAL WELFARE ACTIVITIES

### Social Welfare Activities

Sahara Jan Kalyan Samiti's social welfare program provides a crucial safety net for the most vulnerable community members — the elderly, single-headed households, daily wage workers, and families in crisis.

- Monthly ration distribution drives providing rice, dal, oil, and essential food items to 500+ vulnerable families
- Winter clothes distribution camps — warm clothes, blankets, and footwear distributed during winter months
- Footwear distribution to school-going children from poorest households
- Emergency relief provided to families affected by illness, accident, or other crises during the year
- Support to elderly individuals living alone — medicine delivery, grocery assistance, and emotional support
- Community kitchen programs providing cooked meals to destitute individuals and migrant workers

## SECTION 10: ENVIRONMENTAL CONSERVATION

### Environmental Conservation

Sahara Jan Kalyan Samiti's environmental program, now in its 15th year, continued its annual tree plantation drives across Sagar district during 2022-23. Plantation sites included government schools, hospital campuses, rural community areas, and public parks.

- Annual plantation drive conducted in Sagar district and operational areas
- Fruit-bearing, shade-giving, and indigenous tree species planted for ecological suitability
- Students and community members engaged as stewards responsible for ongoing care of planted trees
- Environmental awareness campaigns integrated with plantation activities

"One Tree, A Thousand Breaths — Let's Grow Green Together!"

## SECTION 11: PARTNERSHIPS & COLLABORATIONS

### Partnerships & Collaborations 2022-23

Partner	Nature of Collaboration	Key Outcome
JIV Daya Foundation	Healthcare support & medical patient assistance funding	Patient medical aid
Social Squared Ventures Inc. (USA)	Impact International FCRA funding and strategic collaboration	Program grants
Impact Guru	Crowdfunding platform for medical cases & education	Fundraising support
Government Departments (M.P.)	Health Health camp coordination and referrals	15+ health camps
Local Hospitals	Medical camp partnerships and referral services	Medical consultations
MP Voluntary Health Assoc. (MPVHA)	State health network for program support	Health programs

## SECTION 12: FINANCIAL SUMMARY 2022-23

### Financial Summary 2022-23

The organization maintained sound financial management in 2022-23, with diversified funding sources and a high program-to-administrative expenditure ratio.

#### Sources of Funding 2022-23

Source	Approx. %	Notes
CSR Partnerships	35%	Corporate partners
Individual Donations	30%	80G exempt
FCRA International Grants	20%	Social Squared Inc.
Government Schemes	10%	State & central
Crowdfunding	5%	Impact Guru

#### Expenditure Allocation 2022-23

Expenditure Head	Approx. %	Priority
Direct Program Implementation	85%	Highest
Administrative Costs	10%	Managed
Fundraising & Communication	5%	Efficient

## SECTION 13: CASE STUDIES FROM THE FIELD

### Case Studies from the Field 2022-23

#### Case Study 1: Health Camp in Shahdol District

A two-day health camp organized in Shahdol district drew over 200 villagers from surrounding areas. The camp was staffed by a team of physicians, nursing staff, and Sahara's field coordinators. Screenings identified 15 cases of chronic illnesses — including hypertension, diabetes, and anaemia — that had gone undetected and untreated for months. Sahara's team facilitated timely referrals and follow-up support, ensuring these individuals received proper medical care. The camp also served as a platform for health education, with sessions on nutrition, hygiene, and preventive health practices reaching all 200+ attendees.

#### Case Study 2: Educational Turnaround in Sagar

In 10 government schools across Sagar district, Sahara distributed educational materials to 300+ children from SC/ST communities at the beginning of the academic year. Follow-up visits conducted after three months showed a 90% improvement in attendance and academic engagement among the supported children. Teachers at the schools noted significant changes — children who previously appeared disengaged or absent were now present, participating actively, and showing improved performance in assessments. Three teachers specifically highlighted the role of free study materials in restoring children's sense of belonging and self-worth in the classroom.

#### Case Study 3: Menstrual Hygiene Program in Vidisha

In 5 schools in Vidisha district, Sahara conducted a structured menstrual hygiene program that included awareness workshops for students and teachers, one-on-one counseling for girls, free distribution of sanitary napkins, and the creation of a girls-only hygiene corner in each school. Post-program surveys conducted three months later indicated an 85% improvement in reported hygiene practices among participating girls, and a significant reduction in menstruation-related school absenteeism. Importantly, the taboo around menstruation began to break — girls reported feeling more comfortable discussing health concerns with their teachers and parents.

## SECTION 14: CHALLENGES & KEY LEARNINGS

### Challenges & Key Learnings 2022-23

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#### Challenges Faced

- Post-pandemic economic recovery was slower than anticipated — many families continued to struggle with income loss
- Limited funding constrained the organization's ability to expand programs to additional districts
- Reaching remote tribal areas remained logistically challenging, particularly during monsoon season
- Sustaining community participation in programs requiring long-term behavioral change was difficult
- Staffing challenges — experienced field staff retained but recruitment of new staff was constrained by budget

#### Key Learnings

- Community ownership is non-negotiable — programs driven by community members are significantly more effective and sustainable
- Diversified funding reduces vulnerability — the organization's multiple funding streams provided resilience during uncertain periods
- Partnerships amplify impact exponentially — collaborations with government, corporates, and international organizations allowed far greater reach than was possible independently
- Flexibility in program design is essential — the ability to adapt activities to changing community needs was critical
- Documentation and data collection must be strengthened — better data enables better decision-making and donor reporting

## SECTION 15: FUTURE PLANS FOR 2023-24

### Future Plans for 2023-24

#### Program Priorities

- Launch of Divyang support program in partnership with KONE Elevator India — distribution of tricycles and mobility aids to differently-abled individuals
- Scale up educational support program to reach 675+ children from SC/ST communities
- Expand health camp coverage to additional districts — target 20+ health camps
- Install sanitary vending machines in schools across operational districts
- Strengthen Bharat Maternal Health & Nutrition Mission activities in Sagar district

#### Organizational Goals

- Expand active partnerships to 8+ organizations
- Reach 1,500+ beneficiaries across all programs
- Enhance digital documentation and beneficiary management systems
- Begin planning for community learning centers in key districts

## SECTION 16: ACKNOWLEDGEMENTS & CONTACT

### Acknowledgements

- JIV Daya Foundation — for sustained healthcare funding and partnership
- Social Squared Impact Ventures Inc. (USA) — for international funding support
- Impact Guru — for crowdfunding platform access
- All Individual Donors — whose contributions, large and small, power our mission
- Government Departments — for coordination and program support
- Our Team & Volunteers — whose dedication makes everything possible
- The Communities We Serve — for their trust and participation

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